



ORIGINAL  
**ORGANIC**  
*Panko*  
 Japanese Style Breadcrumbs

*Perfect for Tempura, Breading...*

Prepare a box (any variety - Home Style, Roasted Garlic, or Cheesy!) of Edward & Sons™ mashed potato mix (or use any mashed potatoes) as directed and let cool. Pour Panko on to dinner plate. Scoop the mashed potatoes and pat into shape of croquette or small burger. Put the croquette on the plate with the Panko and pat gently to coat the underside, turn over and coat the second side. Heat the oil in a frying pan. Add croquettes to frying pan and cook on both sides until golden brown. Serve and enjoy!

Panko Potato Croquettes  
 1 box Edward & Sons  
 Organic Mashed Potatoes  
 3 oz. Edward & Sons Organic Panko  
 2 to 3 Tbsp vegetable oil

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SEE  
 RECIPE  
 ON SIDE!

NET WT 10.5 OZ 300g

LOW  
 SODIUM



SERVING SUGGESTION

Ingredients: Organic Wheat Flour, Yeast, Salt,  
 Organic Expeller-Pressed Palm Oil.  
 May contain traces of sesame seeds and soy.  
 Dist. by Edward & Sons Trading Co., Inc.  
 P.O. Box 1326, Carpinteria, CA 93014 USA  
 www.edwardandsons.com  
 Certified organic by QAI Product of Israel  
 Certified kosher by  
 Orthodox Union

**Nutrition Facts:** Serving Size 1/3 cup (30g) Servings Per Container: about 10 **Calories**  
 110 **Fat Cal.** 5 **Total Fat** 0.5g (1% DV) **Saturated Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg  
 (0% DV), **Sodium** 120mg (5% DV), **Carbohydrate** 2.3g (0% DV), **Fiber** 1g (3% DV), **Sugars**  
 1g, **Protein** 4g, **Vitamin A** (0% DV), **Vitamin C** (0% DV), **Calcium** (0% DV), **Iron** (0% DV) Percent  
 Daily Values (DV) are based on a 2000 calorie diet.