

Native Forest® Organic Virgin Coconut Oil is cold-pressed from the meat of organic coconuts. It boasts a healthy lauric acid content and a wealth of medium-chain fatty acids (MCFA). Our Organic Coconut Oil is extremely stable at high cooking temperatures. It's a smart choice in the kitchen, ideal for baking, frying and all your cooking needs.

A prudent addition to your healthy, balanced diet, it is also nourishing when applied directly to the skin and scalp. It's a great skin moisturizer and gentle make-up remover too!

Our Organic Coconut Oil is grown and processed with a heartfelt appreciation of its unique qualities and in full compliance with USDA organic standards. We know you will enjoy its simple purity and wonderful versatility.

Native Forest® Organic Virgin Coconut Oil:
Supporting well-being and radiance inside and out.™
Store in a cool dry place.



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Convenience Without Compromise®
Questions? Write to custserv@edwardandsons.com.

*Perfect for
Cooking, Frying
& Baking*



100% ORGANIC VIRGIN COCONUT OIL Cold Pressed



NET 16 FL OZ 473ml



Nutrition Facts

About 33 servings per container
Serving Size 1 Tbsp (14ml)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 14g	18%
Saturated Fat 12g	60%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	

Vit. D 0mcg 0% Calcium 0mg 0%
Iron 0mg 0% Potassium 0mg 0%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
Organic Virgin Coconut Oil.
Coconut oil is a gluten free food.
Distributed by:
Edward & Sons Trading Co., Inc.
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The Coconut People®
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