

Edward & Sons™  
**Low Sodium Veggie Cubes**



Convenience Without Compromise®



Edward & Sons™ Low Sodium Veggie Cubes make wholesome, satisfying broth in seconds - just add hot water. Their rich, full-bodied flavor enhances soups, stews, sauces and more!  
 Store in a cool dry place.

Distributed by: Edward & Sons Trading Co., Inc.  
 PO Box 1326, Carpinteria, CA 93014, USA  
 Convenience Without Compromise®  
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1 Low Sodium Veggie Cube dissolved in 2 ½ cups hot water  
 1 cup Brown rice  
 ½ cup Cooked chickpeas  
 ½ cup Carrots, chopped  
 Dissolve cube in water in a saucepan. Add all other ingredients. Bring to a boil. Turn down heat, cover and simmer 45 to 60 minutes. Stir and serve.

**Vegetable Pilaf (Serves 4)**

Dissolve 1/2 cube in 1 cup hot water. Stir. Enjoy!

**DIRECTIONS FOR BROTH**  
 Ingredients: Organic Expeller-Pressed Palm Oil, Maltodextrin, Yeast Extract, Onion, Organic Carrots, Lovage, Turmeric, Organic Celery, Organic Mince Spice, Parsley.

**Nutrition Facts**

Serving Size 1/2 cube (4g)  
 Servings Per Container: 16

| Amount Per Serving           |                      |
|------------------------------|----------------------|
| <b>Calories</b> 20           | Calories from Fat 15 |
| <b>Total Fat</b> 1.5g        | 2%                   |
| <b>Saturated Fat</b> 1g      | 5%                   |
| <b>Trans Fat</b> 0g          |                      |
| <b>Cholesterol</b> 0mg       | 0%                   |
| <b>Sodium</b> 130mg          | 5%                   |
| <b>Total Carbohydrate</b> 1g | 0%                   |
| <b>Dietary Fiber</b> 0g      | 0%                   |
| <b>Sugars</b> 0g             |                      |
| <b>Protein</b> less than 1g  |                      |

\*Percent of Daily Values (DV) are based on a 2,000 calorie diet.  
 †Not a significant source of Vit. A, Vit. C, Calcium and Iron diet.



**NET WT 2.2 OZ 64g**

SERVING SUGGESTION

SEE RECIPE ON BACK



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 LC™ 165EW  
 Convenience Without Compromise®  
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 PLEASE RECYCLE

**8 CUBES**  
 GLUTEN FREE  
 VEGAN

**Low Sodium Veggie Cubes**



**FLAVORFUL BROTH & SEASONING**