

In a fertile Thailand valley, hundreds of acres of certified organic coconut trees are naturally protected from outside contamination by surrounding highlands, while organic stewardship nurtures the overall ecology of the region. Organic coconuts are generally smaller than their conventional counterparts, but the organically managed trees are more drought-resistant and their soil is more rich and moisture retentive.

We press the meat of these fresh organic coconuts, yielding an oil-rich extract that is mixed only with filtered water.

A staple of Thai and many Asian cuisines, coconut milk lends rich and creamy goodness to classic regional dishes. Perfect in soups, curries, sauces, desserts and beverages, Native Forest® Organic Coconut Milk may be the most delicious coconut milk you have ever tasted. Write to us for recipes or send us your favorite recipes to share.

Coconut milk may naturally separate or solidify when cold. Store at room temperature and shake well before using. Once opened, refrigerate and enjoy within 4 days.

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Convenience Without Compromise®



UNSWEETENED

ORGANIC Coconut Milk CLASSIC



NET 3 QT 2.84 L



Nutrition Facts

Serving Size 1/4 Cup (60 mL)
Servings Per Container about 47

Amount Per Serving

Calories 90 Calories from fat 80

%Daily Value*

Total Fat 9g **14%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 25mg **1%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars less than 1g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Native Forest® Organic Coconut Milk is produced in a facility that is both HACCP and Organic Certified, your assurance of product safety and organic integrity.

Ingredients: Organic Coconut Milk (organic coconut, water).

Coconut Milk is a gluten free food.

Dist. by Edward & Sons Trading Co., Inc.

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Certified organic by QAI

Certified Kosher by Kehilla Kosher

Product of Thailand