

Makes 20-22 Cookies

Vegan Macaroon

- 2 cups Let's Do...Organic® Sweetened Organic Shredded Coconut
- 4 Tbsp Maple syrup
- 1 cup Native Forest® Organic Coconut Milk
- 1 tsp. Vanilla
- 3 Tbsp Let's Do...Organic® Organic Coconut Flour

Preheat the oven to 350°F. Combine all ingredients in a medium sized saucepan over medium heat. Stir frequently for 3-5 minutes or until mixture has thickened. Remove from heat and allow to cool slightly until cool enough to the touch. Spoon out by the tablespoonful and shape onto a lined/greased baking sheet. Cook for 20-25 minutes until golden brown. Allow to cool before enjoying.

Try all our Let's Do...Organic® Coconut Products - Find out more at edwardandsons.com



Organic certification assures you of sustainable farming practices, which nourish soil and protect its biodiversity. Consistent with our company policy, organic certification also prohibits the use of GMOs, artificial colors, preservatives, and other unwelcome ingredients.

Let's Do...Organic® is a trademark of Edward & Sons Trading Co., Inc., a family owned vegetarian company offering *Convenience Without Compromise*® since 1978.

See edwardandsonsrecipes.org for dozens of delicious organic coconut recipes!

TO STORE ORGANIC COCONUT:
Store tightly closed bag of coconut in refrigerator or freezer for up to one year.



Shredded Coconut

ORGANIC • MEDIUM SHRED LIGHTLY SWEETENED



ORGANIC LIGHTLY SWEETENED SHRED

LET'S DO...ORGANIC

MEDIUM SHRED FOR BAKING & TOPPING

USDA ORGANIC

Organic Shredded Coconut

LIGHTLY SWEETENED WITH ORGANIC CANE SUGAR

✓ No added sulfites or preservatives



Shredded Coconut

USDA ORGANIC



ORGANIC • MEDIUM SHRED LIGHTLY SWEETENED

Nutrition Facts

Serving Size 2 1/2 Tbsp (15g)
Servings Per Container about 11

Calories 100
Calories from fat 80

*Percent Daily Values are based on a 2,000 calorie diet.

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Total Fat 9g	13%	Potassium 75mg	2%
Saturated Fat 8g	39%	Total Carbohydrate 5g	2%
Trans fat 0g		Dietary Fiber 2g	9%
Cholesterol 0mg	0%	Sugars 2g	
Sodium 5mg	0%	Protein less than 1g	
Vitamin A 0%		Calcium 0%	
		Vitamin C 0%	
		Iron 2%	

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Questions? email custserv@edwardandsons.com

Ingredients: Organic Coconut, Organic Cane Sugar.
Color may vary as this product contains no added sulfites.

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www.edwardandsons.com
Certified organic by QAI
Product of India

