

Let's Do...Organic® Tapioca Starch is ideal for thickening sauces or gravies. It is wonderful for baking and an excellent thickener of custards, puddings and pies.

Mix Let's Do...Organic Tapioca Starch with an equal amount of cold liquid until it forms a paste, then whisk it into the liquid you are thickening. Once the slurry is added, cook briefly to remove the starchy flavor. Do not overcook - liquids thickened with tapioca starch will thin again if cooked too long or at too high a temperature.

A versatile starch, tapioca is a dietary staple throughout the tropics and an important ingredient in numerous regional and ethnic cuisines. It is perfect for bakers looking for a gluten free starch for their baking needs. Let's Do...Organic Tapioca Starch is traditionally crafted from the roots of tapioca plants. Also known as cassava, manioc or yucca, tapioca is native to South America and the West Indies. It was prized by the Mayans, who were early cultivators of this versatile plant.

Organic certification assures you of sustainable farming practices, which nourish soil, protect biodiversity and provide a premium to farmers. Consistent with our company policy, organic certification also prohibits the use of GMOs, artificial colors, preservatives and other unwelcome ingredients.

### Alison's Shortbread Cookies

Makes 20 - 30 cookies  
 1 lb Butter or buttery spread  
 1 cup Powdered sugar  
 1/2 cup Let's Do...Organic® Tapioca Starch  
 3 cups Unbleached wheat flour  
 1 tsp Vanilla  
 Preheat oven to 350°. Blend butter or buttery spread and sugar until creamy. Add vanilla. In a separate bowl, mix tapioca starch and flour. Add the flour/tapioca blend to wet ingredients until well mixed. Drop by teaspoonfuls onto greased baking sheet. Bake for about 15 minutes (or until golden brown).  
 For variety: Substitute lemon or almond extract for the vanilla. Top with Let's Do...Sprinkelz™.

### FÉCULE DE MANIOC BIOLOGIQUE

#### Nutrition Facts Valeur nutritive

Per 1 tbsp (10 g) / par 1 c. à soupe (10 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 35	
<b>Fat / Lipides</b> 0 g	<b>0 %</b>
Saturated / saturés 0 g	<b>0 %</b>
+Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 0 mg	<b>0 %</b>
<b>Carbohydrate / Glucides</b> 9 g	<b>3 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 0 g	
<b>Protein / Protéines</b> 0 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	2 %

**INGREDIENTS:**  
 ORGANIC TAPIOCA STARCH.  
**INGRÉDIENTS:**  
 FÉCULE DE MANIOC BIOLOGIQUE.  
**Edward & Sons Trading Co., Inc.**  
**PO Box 1326**  
**Carpinteria, CA 93014 USA**  
 CERTIFIED ORGANIC BY QAI  
 CERTIFIÉ BIOLOGIQUE PAR QAI  
 PRODUCT OF VIETNAM / PRODUIT DU VIETNAM  
 PACKED IN USA / EMPAQUETE AUX EU

**POIDS  
 NET 170g**



LET'S DO...ORGANIC

# ORGANIC Tapioca STARCH

LET'S DO...ORGANIC

# ORGANIC Tapioca STARCH (Flour)

For Perfect Cookies

...and more!  
 This recipe on  
 back panel



SERVING SUGGESTION



NET WT 6 OZ 170g



LET'S DO...ORGANIC

### ORGANIC TAPIOCA STARCH

#### Nutrition Facts

17 servings per container  
 Serving Size 1 Tbsp (10g)

Amount per serving	% Daily Value*
<b>Calories</b> 35	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 9g	<b>3%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 0g	
Vit. D 0mcg 0%	Calcium 2mg 0%
Iron 0mg 0%	Potassium 0mg 0%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

**INGREDIENTS:**  
 ORGANIC TAPIOCA STARCH.  
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