

More Than Fair® Whole Artichoke Hearts are certified by Fairtrade International® to provide fair compensation to farmers, respect for the environment and wholesome goodness for your family. Petite artichokes are washed and outer leaves trimmed so we may pack their tender hearts at the peak of freshness. Enjoy them straight from the jar, serve them as a side dish or create wonderful additions to salads and antipasto. Refrigerate unused portion and enjoy within 4 days.

Questions? email custserv@edwardandsons.com
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Delicious
In Pasta &
Au Gratin



Whole Artichoke Hearts



NET WT 9.8 OZ 280g
DR WT 5.8 OZ 165g



Nutrition Facts Serv Size: 7 Pieces (130g), Servings Per Container: about 1, Amount Per Serving: Calories 40, Fat Cal. 0, Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholest. 0g (0% DV), Sodium 340mg (14% DV), Potassium 210mg (6% DV), Total Carb. 8g (3% DV), Fiber 3g (12% DV), Sugars 2g, Protein 2g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (4% DV), Iron (2% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet. V792_3

Ingredients: Artichoke Hearts, Water, Salt, Citric Acid.

Artichoke Hearts are a gluten free food.
Artichoke Hearts: traded in compliance with Fairtrade Standards, total 100%.
Visit www.info.fairtrade.net

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