

Native Forest® Organic Sliced Bamboo Shoots are tasty Asian vegetables that complement popular regional dishes such as soup and stir fry. Our mission is to offer you the most delicious and healthful bamboo shoots while renewing the fertility of the soil using time-tested organic practices. We believe organic principles make sense for people, for the planet and for the product.

We begin with a special variety of certified organic bamboo and harvest the young shoots when they are at their most tender. We wash, slice and promptly pack the organic bamboo shoots to retain their delicate flavor and crisp "al dente" texture. You and your family will love the great taste and convenience of Native Forest® Organic Bamboo Shoots. The quality that you see and taste is only a hint of the care behind this and every Native Forest® product. Enjoy!

Directions: Drain, rinse and serve.

Serving Suggestions: Toss in salad. Add to soup or stir fry while cooking.

Refrigerate unused portion in a covered glass or plastic container and use within four days.

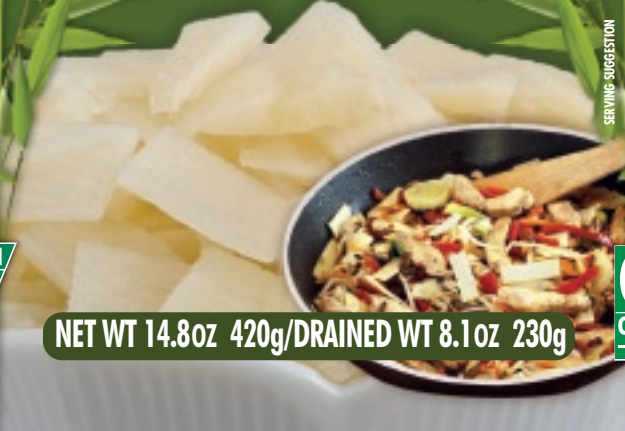
*Fresh
Cut &
Packed*



ORGANIC SLICED BAMBOO SHOOTS

A DELICIOUS ADDITION TO
ASIAN SOUP OR STIR FRY

SERVING SUGGESTION



NET WT 14.8oz 420g/DRAINED WT 8.1 oz 230g



Nutrition Facts

Serving Size 1/2 cup drained (85g)
Servings Per Container about 3

Amount Per Serving	
Calories 15	Calories from fat 0
%Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	5%
Sugars 2g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.

**Ingredients: Organic Bamboo Shoots,
Filtered Water, Citric Acid.**

Dist. by Edward & Sons Trading Co., Inc.

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Certified organic by QAI

Product of China

Native Forest® Organic Sliced Bamboo Shoots are produced in a facility that is both HACCP and Organic Certified. From the farmer's field to the final package, independent monitoring of regulated procedures is your assurance of product safety and organic integrity.

Please see our website for more information and recipes.

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