



Organic White MUSHROOMS

Pieces & Stems



DR WT 4 OZ 113g



Nutrition Facts

Serving Size 1/2 cup with liquid (115g)
Servings per container about 2

Amount Per Serving

Calories 20 Calories from fat 0

%Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 390mg 16%

Total Carbohydrate 3g 1%

Dietary Fiber 1g 6%

Sugars 1g

Protein 2g

Vitamin A 0% Vitamin C 2%

Calcium 0% Iron 2%

*Percent of Daily Values (DV) are based on a 2,000 calorie diet.

Native Forest® Organic Mushrooms are wholesome, tender and delicious, yet low in fat and calories. Enjoy them in soups, sauces, stir fry, salads ... even on pizza! Organic practices make sense for our food, our environment and for all of us.

Ingredients: Organic Mushrooms, Water, Sea Salt.



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Certified organic by QAI

Please write to us for details of kosher certification.

Product of USA

Directions: Open and serve. Refrigerate unused portion and enjoy within 3 days.

Hint: To lower sodium content, drain and rinse mushrooms thoroughly before serving.

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